



EXAMINATION NO.: \_\_\_\_\_

**DOWA DSTRIC MOCK EXAMINATIONS BOARD**  
**2022 MOCK EXAMINATION FOR STANDARD 8**  
**ARTS AND LIFE SKILLS**

(100 marks)

Subject Number: P017

Time Allowed: 1½ hours

1:00 – 02:30 pm

Name of candidate: \_\_\_\_\_

(Surname First)

Name of School : \_\_\_\_\_

**Instructions**

1. This paper contains 7 pages. Please check.

2. Answer all questions in section A by encircling a letter representing the correct answer.

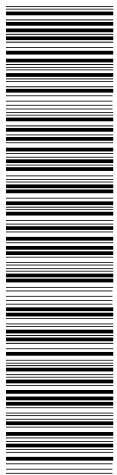
3. In section B write your answers in the spaces provided

4. In the table provided on this page, tick against the question number you have answered.

5. Please make sure you have written your examination number and your name on top of each page.

6. Hand in your question paper to the invigilator when time is called to stop writing.

Question number	Tick question 1 - 30 if answered	Do not write in these columns	
1 – 30			
31			
32			
33			
34			
35			
36			
37			
38			
39			
40			



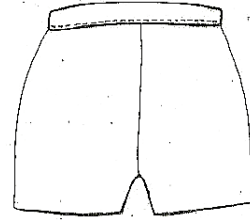
DO NOT TURN OVER UNTIL YOU ARE TOLD TO DO SO.

## Section A (30 marks)

**EXPRESSIVE ARTS (10 MARKS)**

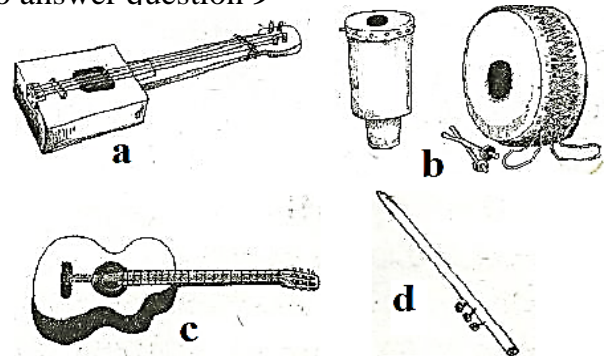
- The following are team sports **except** \_\_\_\_
  - Volley ball
  - Chess
  - Basket ball
  - Hand ball
- Which of the following activities is **not** used to express and communicate messages?
  - Drawing
  - Drama
  - Singing
  - Jumping
- Which of the following dances is performed in Nsanje?
  - Gulewankulu
  - Mganda
  - Likhuba
  - Chioda
- Explain how curios are made
  - By weaving
  - By carving
  - By moulding
  - By planting
- Which of the following is a chaotic leadership style?
  - Laissez fair
  - Autocratic
  - Democratic
  - Negotiation
- What name is given to objects that are used directly for teaching and learning in their original form?
  - Drawing
  - Realia
  - Poster
  - Map

**Figure 1** shows an artistic item. Study it to answer the question that follow



- Which of the following is **not** the equipment required in making the item?
  - Pair of scissors
  - Pressing iron
  - Pins
  - Wool
- Which of the following is used by referees to suspend players in soccer?
  - Whistle
  - Red card
  - Yellow card
  - Green card

**Figure 2** shows musical instrument. Use it to answer question 9



- Which of the musical instrument above produce sound by blowing?
  - a
  - d
  - c
  - b
- Wearing of a black colour by a widow during funeral symbolizes
  - Purity
  - calamity
  - Sorrow
  - Victory

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**LIFE SKILLS (20 MARKS)**

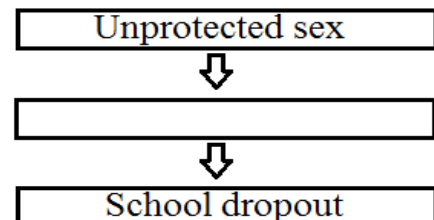
11. Which of the following situations requires planning?
- Choice of career
  - School drop out
  - Orphan hood
  - Widowhood
12. How does ARVs work in people living with HIV and AIDs?
- Make the virus to disappear
  - Eat the virus
  - Help the virus to reproduce
  - Make the virus inactive
13. Which of the following is **not** the consequence of having sexual relationships among the youths?
- School dropout
  - Contracting STIs including HIV and AIDs
  - Unwanted pregnancy
  - Employment
14. Identify one barrier of HIV testing and counselling.
- Poverty
  - Scarcity of testing facilities
  - More people contracting HIV
  - No ways of protection
15. What type of interpersonal relationship did Linda display?
- Peer
  - Kingship
  - Male and female
  - Ethnic
16. Which of the following is a way of avoiding conflicts?
- Jealousy
  - Rudeness
  - Lies
  - Love

Linda is a standard 7 girl at Gome L.E.A school. She used to assist her friends solving mathematics. One of the friends, John, claimed to be assisted by a girl.

Use this story to answer questions 16 and 17

17. How can you describe John's character?
- John is more intelligent than Linda
  - Assertiveness
  - Low self esteem
  - High self esteem
18. Abortion is the violation of one's right to \_\_\_\_\_
- Life
  - education
  - privacy
  - Association
19. Which of the following are the challenges that the youths encounter in during adolescence?
- Sexual abuse
  - Peer pressure
  - Food
  - Education
- 1 and 2
  - 1 and 4
  - 2 and 3
  - 3 and 4

**Figure 3** is a diagram, use it to answer question 20



20. Which of the following best completes the blank spaces above?
- Poor health
  - Madness
  - Unwanted pregnancy
  - Violence

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21. The following are the factors that destroy self-esteem **except**
- Poverty
  - Rewards
  - Discrimination
  - Lack of recognition
22. Which of the following is the main source of morals and values?
- Police
  - Market
  - Hospital
  - Family
23. Which of the following causes conflict among people?
- Unity
  - Love
  - Property grabbing
  - Sharing resources
24. Which of the following is an organization where children can report cases of abuse?
- Hunger Project
  - Social welfare organization
  - Ant corruption Bureau
  - National AIDs Commission
25. Personal hygiene involves one of the following activities
- Bathing
  - Disposing litter in a dust bin
  - Sweeping around home
  - Cut grass short around home
26. Which of the following are the effects of malaria?
- Rickets
  - Scurvy
  - Measles
  - Anaemia
27. Which of the following sexually transmitted infections could affect un born baby?
- Gonorrhoea
  - Candidiasis
  - Chancroid
  - Syphilis
28. Which of the following can hinder entrepreneurship?
- Profit making
  - Negotiation
  - Stigma and discrimination
  - Budgeting
29. Which of the following factors promote gender role in the society?
- Behaviour
  - Culture
  - Attitude
  - Mode of dress
30. Which of the following best defines empathy?
- Putting oneself in someone's situation
  - Acceptance of other people's views
  - Knowing about oneself
  - Feeling good about one self

**SECTION B (70 marks)****EXPRESSIVE ARTS (40 MARKS)**

31. (a) List down **two** groups of musical instruments?

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(2 marks)

- (b) Give **two** reasons why animals make movements?

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(2 marks)

Continued/...

(c) State **one** precautionary measure in sewing?

\_\_\_\_\_  
 \_\_\_\_\_ (1 mark)

(d) Write down any two kinds of permanent sewing stitches?

\_\_\_\_\_  
 \_\_\_\_\_ (2 marks)

**Figure 4** is a sporting activity, use it to answer questions **32 a** and **b**



**32. (a)** Name the activity?

\_\_\_\_\_ (1 mark)

**(b)** Explain briefly why the activity require enough personal space?

\_\_\_\_\_  
 \_\_\_\_\_ (2 marks)

**(c)** Why is sports attire important in sports and games? Give **two**.

\_\_\_\_\_  
 \_\_\_\_\_ (2 marks)

**(d)** Define the term “artistic”

\_\_\_\_\_  
 \_\_\_\_\_ (2 marks)

**(e)** Mention an artistic activity which contributes to the destruction of trees?

\_\_\_\_\_ (1 mark)

**33. (a)** Mention any **two** types of carving?

\_\_\_\_\_  
 \_\_\_\_\_ (2 marks)

**(b)** Write **one** way of decorating carved animals?

\_\_\_\_\_  
 \_\_\_\_\_ (1 mark)

**(c)** Give **two** examples of crosscutting issues?

\_\_\_\_\_  
 \_\_\_\_\_ (2 marks)

Figure 5 is a dynamic symbol. Use it to answer question 33d



(d) (i) Name the dynamic symbol

\_\_\_\_\_ (1 mark)

(ii) What does the dynamic symbol stand for?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

34. (a) Define drawing?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(b) How do boys show respect to elders when receiving things?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(c) List down any **two** forms of communication?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(d) Why should traditional dances be practiced in schools?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

35. (a) What is the meaning of the term “applique”

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(b) Mention any **two** career opportunities found in the community?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(c) Explain any **two** ways of establishing “tempo”?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(d) Mention **two** characteristics of good dye?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

### LIFE SKILLS (30 MARKS)

36. (a) Suggest any **two** characteristics of people with low self-esteem?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(b) Give **two** examples of common goals in life?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(c) State **two** rights of children?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

37. (a) List down any **two** harmful cultural practices which may lead to the spread of HIV and AIDs?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(b) Explain any **two** ways of managing stress and anxiety?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(c) List down the **two** ways of HTC?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

38. (a) Explain the meaning of the following terms?

(i) Orphan

\_\_\_\_\_  
\_\_\_\_\_ (1 mark)

(ii) Vulnerable child

\_\_\_\_\_  
\_\_\_\_\_ (1 mark)

(b) Give **two** ways how less privileged people can be assisted?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(c) Define peer guidance and counselling?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

39. (a) Mention **two** good sanitation practices?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(b) State any **two** commonly abused substances?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(c) Write down **two** effects of abusing substances?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

40. (a) Define the term sexuality?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(b) Give **two** main ways of HIV transmission?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

(c) What is the difference between 'mediation' and 'arbitration'?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

**END OF QUESTION PAPER!!!**

**NB: This paper contains 7 printed pages.**